Antibiotic Resistance Profile and Chemical Quality Assessment of Groundwater Sources from Periurban Area of Bucharest, Romania

FLORICA MARINESCU*, MIHAELA ILIE, GINA GHITA, IOANA SAVIN, CARMEN TOCIU, ANA MARIA ANGHEL, ECATERINA MARCU, IULIANA MARCUS

National Institute for Research and Development in Environmental Protection, 294 Splaiul Independentei, 060031, Bucharest, Romania

Twenty-two groundwater sources mainly used for drinking purpose in Bucharest peri-urban area were investigated for assessment of physico-chemical and microbiological quality with a view to determining its potential risk to public health. Results of chemical analysis revealed that nitrites, sulphates and chlorides were below the permissible levels, while 63.64% of the analysed groundwater sources exceeded the maximum admissible concentration for nitrates, with concentration variations ranging from 67.27 to 523.19 mg/L. The bacteriological analysis showed that in about 63% of groundwater sources total coliform, faecal coliform and enterococci have exceeded the threshold limits recommended by the Drinking Water Directive 98/83/EC and the Romanian Law. Another aim of the study was to investigate the prevalence of antibiotic resistance among Gram-negative strains isolated from groundwater sources. There observed the resistance to many antibiotics, particularly: ticarcillin (80%), aztreonam (29%), gentamicin (11%), imipenem (9%), ceftraixone (9%), ceftraidime (3%) and ciprofloxacin (3%). Significant higher resistance rates were observed in strains isolated from shallow groundwater sources as compared with strains isolated from deep groundwater sources. Pseudomonas sp. (26%) isolates with multiple-drug resistance (MDR) were encountered. The results of the study revealed a bacteriological contamination and high levels of nitrate concentrations in most of the groundwater samples, which could pose an important risk to human health.

Keywords: bacterial resistance, groundwater, antibiotics, nitrate, waterborne diseases

Groundwater represents an important source of drinking water and most of health problems related to water consumption have been linked to microbial contamination [1,2], but serious health problems can also arise due to the chemical pollution as a result of recent or past human activities [3,4].

The quality of drinking water has always been a major health concern, especially in most of the developing countries where about 80 % of the disease cases are associated to inappropriate sanitation and use of polluted water [5]. World Health Organization estimated that these illnesses cause 4 billion cases of diarrhoea and 2.2 million deaths annually [6]. Furthermore, pollution of groundwater by microbial contaminants of faecal origin not only leads to spread of waterborne infections, but also involves the spread of antibiotic resistant organisms into environment [7] which is a matter of concern as it can lead to transmission of antibiotic resistance to pathogenic bacteria [8,9]. The studies developed in the last decades showed an increase in drug resistance in waterborne pathogens against the commonly used antibiotics for the treatment of enteric diseases including tetracycline, erythromycin, ampicillin and cotrimoxazole [10]. Furthermore, resistance to third generation cephalosporins and aztreonam has progressively increased in Romania after their introduction in therapy and over a 10-year interval, the percentage of isolates resistant to ceftazidime has doubled [11].

Besides microbial agents, contaminations of groundwater resources with chemical pollutants, have received particular concern. Nitrate is believed to be the most widely spread groundwater contaminant worldwide, primarily as a consequence of agricultural activities, including excessive application of inorganic nitrogenous fertilizers and manures [12,13]. Other important anthropogenic sources of groundwater contamination with nitrogen are the discharge of wastewater by centralized and individual systems, leaking from underground pipelines/sewers and leachate generated from landfills [14,15]. It is also reported that the presence of nitrate or ammonium in groundwater might be indicative of pollution by sewage or organic waste but, generally, the pollution would have occurred at a remote location or at an earlier moment than the point/ time of sampling [16,17]. As to the effects of nitrates on human health, two important aspects must be taken into account, namely the occurrence of methemoglobinemia and cancer risk [13].

This study was focused on the assessment of microbiological and physico-chemical groundwater quality within a periurban area of Bucharest (Romania), included by the national environment authorities on the list of vulnerable areas to nitrate pollution from agriculture sources. Another aim of the study was to investigate the prevalence of antibiotic resistance among Gram-negative strains isolated from the analysed groundwater sources.

Experimental part

Sample Collection. A total of 22 groundwater sources mainly used for drinking purpose in Bucharest periurban area (Branesti) were investigated during October -November 2016 (Figure 1). The studied area is located in the Southern part of Romania, close to an important urban area (Bucharest) and it was included by the national authority for the environment [18] on the list of vulnerable areas to nitrate contamination from agriculture sources, according to EU Nitrates Directive 91/676/CEE [19]. The main economic activity within the studied area was agriculture, but, in the last years, the agricultural surface decreased, as a result of the development of construction projects. Groundwater samples were taken from wells with depth between 4 and 150 m, most of them (about

^{*} email: florinamar@yahoo.com



68%) being collected from wells with depths of 10-20 m, shallow groundwater being the most common source of drinking water in the area. Three replicate samples were collected for the analysis, from each of water sources.

Physico-chemical parameters

Groundwater samples for physico-chemical analysis were collected according to SR EN ISO 5667-11/2000 [20] and SR EN ISO 5667-3/2013 [21]. Samples were collected and stored during transportation in labelled metal-free 2L polypropylene bottles prior to be prepared and analysed. The pH was measured by direct reading in the water sample using a multi-parameter (CONSORT C830) (SR ISO 10523/ 2009) [22], being able to measure also the conductivity (SR EN ISO 27888/1997) [23]. The procedure for determining the main quality parameters was followed as per standard methods of analysis, namely the determination of the ammonia (SR ISO 5664/2001) [24], nitrates (SR ISO 7890-3/2000) [25], nitrites (SR EN ISO 26777/2002) [26], sulphates (STAS 8601/1970) [27], chlorides (SR ISO 9297/2011) [28], iron and manganese (SR EN ISO 15586/2004) [29] (HRCSAAS ContrAA 700, Analytik Jena).

Bacteriological parameters

Groundwater samples (250 ml) for bacteriological analysis were collected according to ISO 19458/2006 [30] using sterile glass bottles. Samples were stored in cold bags at 4°C and transported to the laboratory for analysis within 6 h from collection. The quantitative analysis was based on membrane filtration method according to standard protocol, namely: total coliforms, *Escherichia coli* (SR EN ISO 9308-1:2004/AC/2009) [31] and enterococci (SR EN ISO 7899-2/2002) [32]. The total heterotrophic bacteria growing at 37°C was determined by standard inoculation method (SR EN ISO 6222/2004) [33]. Bacterial colonies were counted using the general guidance on the enumeration of microorganism by culture (SR EN ISO 8199/ 2008) [34].

Antibiotic susceptibility testing

The investigation of the prevalence of antibiotic resistance in the groundwater samples was performed on non-enteric Gram-negative strains, which were established to be ubiquitous bacterial species in groundwater sources [12]. Representative colonies were randomly selected from each sample and were purified on Trypticase soy agar. The bacterial isolates were further identified by biochemical tests - API 20NE (bioMérieux). Antibiotic susceptibility testing was performed by agar disk diffusion in accordance with the Clinical and Laboratory Standards Institute (CLSI 2011) [35] recommendations, using standard discs (bioMérieux) for different groups of Gram-

Fig. 1. Locations of the sampling points (Bucharest periurban area)

negative bacteria, i.e.: ticarcillin (TIC), piperacillin (PIP), piperacillin-tazobactam (TZP), aztreonam (ATM), imipenem (IMP), ceftriaxone (CRO), ceftazidime (CAZ), cefepim (FEP), amikacin (AN), tobramycin (NN), gentamicin (GM), ciprofloxacin (CIP) and colistin (CL). After 24 h of incubation at 37°C, organisms were classified as sensitive (S), intermediate (I) or resistant (R) based on CLSI break points. Intermediate strains were included in the resistant class.

Results and discussions

Physico-chemical paramaters

The physico-chemical characteristics of the groundwater samples are presented in Table 1. The evaluation of results was made based on the Drinking Water Directive 98/83/EC (DWD) [36] and the Romanian Law no. 458/2002 (republished in 2011) limits [37].

The *p*H of groundwater samples ranged from 7.03-8.05, values that fall within the permissible level. Any alteration in water *p*H is accompanied by the change in other physicochemical parameters [38]. Å low pH level of water can increase the capacity of water to attack geological material and leach toxic trace metals into water, making it potentially harmful for human consumption [39]. Additionally, acidity can cause water, a metallic or sour taste, thus the consumers may suffer some taste problem [40]. Electric conductivity (EC) values were generally below the permissible levels, except for one sample (no. 13). Electric conductivity is directly related to the presence of dissolved salts such as sodium chloride and potassium chloride [41]. A high variability in conductivity values over time may indicate changing water quality, sources of conductivity being natural or synthetic dissolved substances [12]

A number of chemical parameters such as chloride and sulphate had values below the permissible levels. The values obtained for ammonia were generally lower than the permissible level, except for one sample (no. 9). Total iron and manganese values were higher than permissible level in three groundwater samples (no. 9, 10, 12), the remaining water samples had lower values. The amount of iron in water varies depending on the geology of the area [42] and other chemical constituents of water. Manganese occurs naturally in many surface water and groundwater sources and in soil, but human activities are also responsible for manganese contamination in groundwater [43].

Nitrite (NO_2) concentrations in groundwater samples were all below the recommended limits of 0.5 mg/L. However, nitrate concentrations (NO_3) found in 63.64% of groundwater sources were above the maximum admissible limits of 50 mg/L recommended by both DWD and the Romanian Law, with variation of the

 Table 1

 VALUES OF PHYSICO-CHEMICAL PARAMETERS IN GROUNDWATER SAMPLES

Sample no.	Well depth (m)	pH (unit.pH)	Cond. (µS/m)	NH4 ⁺ (mg/L)	NO2 ⁻ (mg/L)	NO3 ⁻ (mg/L)	SO4 ⁻ (mg/L)	Cl ⁻ (mg/L)	Fe (mg/L)	Mn (mg/L)
1	40	7.20	961	0.005	0.001	77.62	7.04	19.85	0.0093	0.0004
2	4	7.12	2,450	0.039	0.002	431.78	59.83	153.16	0.0040	0.0005
3	30	7.36	808	0.006	0.001	29.90	15.22	12.05	0.0118	0.0005
4	20	7.40	1,329	0.011	0.003	67.27	8.96	34.03	0.0333	0.0027
5	20	7.22	772	0.002	0.004	36.34	13.57	23.40	0.0148	0.0013
6	20	7,14	1,692	0.011	0.001	254.70	48.35	101.40	0.0239	0.0008
7	20	7.03	2,000	0.011	0.001	259.30	39.13	179.39	0.0230	0.0021
8	20	7.14	1,398	0.013	0.031	98.31	41.30	56.02	0.1855	0.0062
9	20	7.35	1,938	10.392	0.002	200.65	68.96	133.30	0.7527	0.0550
10	11	7.64	745	0.011	0.003	1.99	9.39	2.13	0.2104	0.4983
11	10	7.32	2,290	0.021	0.002	350.71	86.00	173.37	0.0016	0.0015
12	50	7.63	899	0.160	0.003	2.16	16.96	12.76	0.3270	0.3045
13	15	7.14	2,890	0.142	0.010	523.19	86.87	36.87	0.0578	0.0036
14	20	7.61	945	0.011	0.003	45.42	17.74	19.85	0.0993	0.0066
15	17	7.46	951	0.008	0.007	36.34	12.00	15.60	0.0339	0.0021
16	18	7.23	1,242	0.009	0.002	108.09	31.22	25.53	0.0107	0.0005
17	15	7.18	1,705	0.021	0.011	242.62	79.74	71.62	0.0083	0.0055
18	20	7.19	742	0.015	0.001	68.42	42.70	37.58	0.0019	0.0011
19	20	7.31	1,482	0.002	0.002	174.78	15.04	54.60	0.0530	0.0031
20	20	7.26	1,225	0.003	0.003	100.61	15.74	36.87	0.0180	0.0020
R1	100	7.55	907	0.002	0.004	1.06	18.00	15.60	0.0053	0.0012
R2	150	8.05	583	0.164	0.010	1.46	58.17	1.42	0.0429	0.0087
	MAC	6.5 - 9.5	2,500	0.5	0.5	50	250	250	0.2	0.05

MAC- maximum admissible concentration (DWD limits)

 Table 2

 VARIABILITY OF NITRATE CONCENTRATIONS IN GROUNDWATER SAMPLES

Depth	No.	NO ₃ ⁻ (mg/L)					
of well (m)	sample	Minimum value	Mean value	Maximum value			
< 10	2, 11	350.71	391.24	431.78			
10 - 20	10, 13, 15, 16, 17	1.99	182.45	523.19			
20 - 30	3, 4, 5, 6, 7, 8, 9, 14, 18, 19, 20	29.90	121.43	259.30			
40 - 50	1, 12	2.16	39.89	77.62			
100 - 150	R1, R2	106	126	1.46			

concentrations ranging from 67.27 to 523.19 mg/L. This high nitrate level in groundwater sources used for drinking purpose is of particular health concern because adverse effects can result when nitrate is reduced to nitrite in the human intestinal tract, mainly intestine of infants. The main biological effect of nitrites is linked to their role in the oxidation of hemoglobin to methemoglobin (blue-baby syndrome) which is inefficient for transporting oxygen to tissues. The amount of methemoglobin formed causes the clinical response due to lack of oxygen. Effects range from cyanosis, cardiac arrhythmia, circulatory failure to progressive effects on the central nervous system [44,45]. Furthermore, nitrite can react with secondary amines in human stomach to form the highly carcinogenic N-nitroso compounds [41] and exposure to low concentrations of nitrate over a long period of time can favour occurrence of certain cancers such as cancer of the digestive system [46].

In the studied area, the correlation between nitrites concentration and the depth of groundwater sources had revealed that significant nitrates concentrations were recorded on every depth (0-50 m), excepting for two samples R1 and R2 (considered reference samples) taken from a depth of 100 m, 150 m respectively (Table 2). It was observed that nitrate concentrations decreased with increasing depth of well indicating the existence of pollution from surface sources (e.g. leachate from farmlands, infiltration from unsafe septic tanks, use of nitrogen-based fertilizers). Bacteriological parameters

The bacteriological characteristics of groundwater samples are as presented in Table 3. The evaluation of results was made based on the Drinking Water Directive 98/83/EC and the Romanian Law (458/2002, republished in 2011) limits for bacteriological parameters.

All the groundwater samples were positive for heterotrophic bacteria and 50% have exceeded the maximum allowed limit for CFU. This group of microorganisms provides general information on the presence of pathogenic agents (viruses, bacteria, fungi/ mold and protozoa) in water samples, the risk being proportional to the number of these microorganisms [47]. In the case of faecal bacteriological parameters, respectively: total coliform bacteria, enterococci, *Escherichia coli*, from the total number of analysed groundwater samples, 63.64% had positive results in one or more of the investigated parameters (values over the limits allowed by the regulations) (Table 3). Unfortunately, previous studies have also reported high microbiological contamination in groundwater sources from rural areas in Romania [48].

Total coliform bacteria are widely distributed in nature, being naturally present in soil and on plants and also in the intestinal tract of humans and animals. Coliform bacteria are used as water quality indicators because their presence in drinking water may indicate a possible presence of harmful and pathogenic microorganisms [49]. In some wells, exclusive presence of total coliform bacteria, without the simultaneous presence of *E. coli*, is likely

Sample No.	Well depth (m)	Total heterotrophic bacteria at 37 ⁰ C (CFU*/ml)	Total coliform (CFU/100 mL)	Escherichia coli (CFU/100 mL)	Enterococci (CFU/100 mL)
1	40	40	0	0	0
2	4	440	542	0	0
3	30	190	8	0	3
4	20	340	240	11	1
5	20	740	8	8	0
6	20	140	0	0	0
7	20	530	9200	27	0
8	20	560	16090	542	265
9	20	636	542	49	0
10	11	1470	0	0	0
11	10	510	0	0	0
12	50	200	2	0	11
13	15	30	542	0	1
14	20	320	348	13	0
15	17	40	9	0	0
16	18	10	0	0	0
17	15	160	9	2	1
18	20	610	2	0	0
19	20	2240	2210	172	120
20	20	140	0	0	0
R1	100	77	0	0	0
R2	150	127	0	0	0
Drinking Water Directive limits		Drinking Water No abnormal Directive limits change**		0	0

*CFU: colony forming units

** Abnormal change: >300 CFU/mL

associated with their origin in the environment. However, the presence of coliform bacteria in analysed groundwater sources represent an indication that other microorganisms, including pathogens can penetrate in the same way into this wells.

Although E. coli is part of the normal human intestinal microbiota, certain strains of E. coli can cause severe intestinal and extra-intestinal infections [47]. The presence of E. coli in groundwater samples indicates a recent faecal contamination of water, which means an increased risk for the presence of pathogenic microorganisms and intake of contaminated water pose serious health risks of waterborne diseases to the community. Smaller values obtained for Escherichia coli compared to those for total coliform bacteria are due to the fact that E. coli is more sensitive to environmental conditions and it cannot multiply outside the humans and animals body [50]. Positive results for both indicators are a strong indication of recent faecal contamination [12].

The results of bacteriological analysis revealed that the groundwater sources used for drinking purpose in the studied area were contaminated by bacteria, with some high polluted sources and out of compliance with Drinking Water Directive limits. Most of the wells from the area collect groundwater from shallow depths (between 4 and 30 m) and the pollution of the phreatic water might be the results of uncontrolled discharges of human and animal waste, infiltrations from unsafe septic tanks and inappropriate agricultural practices in this area, as confirmed by high values of nitrate in these wells, between 67.27 and 523.19 mg/L (maximum admissible concentration: 50 mg/L).

Antibiotic resistance patern

Results of the sensitivity of the isolated strains to some antibiotics are presented in Table 4.

RESISTANCE LE	VELS (%) IN NON-EN	TERIC GRAM-NEGA	TIVE BACTERIAL S	FRAINS ISOLA	TED FROM GROU	NDWATER SOURCE
Antibiotic*	Pseudomonas sp.	Aeromonas sp.	Burkholderia cepacia	Cryseola luteola	Flaviomonas oryzihabitans	TOTAL
IMP	0	0	0	50	0	9
TIC	78	75	75	75	50	80
PIP	0	0	0	25	0	3
TZP	0	0	0	0	0	0
ATM	35	25	25	25	0	29
CAZ	4	0	0	25	0	6
CRO	0	0	0	50	0	9
FEP	0	0	0	0	0	0
AN	0	0	0	0	0	0
NN	0	0	0	25	0	3
GM	13	0	0	25	0	11
CIP	4	0	0	0	0	3
CL	4	0	0	0	0	3

*IMP=imipenem, TIC=ticarcillin, PIP=piperacillin, TZP=piperacillin-tazobactam, ATM=aztreonam, CAZ=ceftazidime, CRO=ceftriaxone, FEP=cefepim, AN=amikacin, NN=tobramycin, GM=gentamicin, CIP=ciprofloxacin, CL=colistin

Table 4

Table 3 VALUES OF BACTERIOLOGICAL PARAMETERS IN **GROUNDWATER SAMPLES**



Fig. 2. Distribution of resistance markers in strains isolated from groundwater sources

The resistance rates were interpreted in accordance with the intervals for resistance incidence proposed by European Centre for Infectious Disease Control (ECDC) [51] for clinical bacterial strains i.e:<1%=scared; 1 to<5%=very low; 5 to<10%=low; 10 to<25%= intermediate; 25 to <50% = high; $\geq 50\%$ = very high. The BGN oxidazo-positive (Pseudomonas sp., Burkholderia cepacia, Aeromonas sp.) and oxidazo-negative (Chryseomonas luteola, Flaviomonas oryzihabitans) isolated from groundwater sources used for drinking water exhibited very high resistance to ticarcillin (80%), high resistance to aztreonam (29%) and low resistance to imipenem (9%). Resistance to third generation cephalosporins was low for ceftriaxone (9%) and very low for ceftazidime (3%). All bacterial strains were susceptible to fourth generation cephalosporins (cefepime). Resistance to other classes of antibiotics (non- β -lactams) was intermediate to aminoglycosides (NN - 11%) and low to fluoroquinolones (CIP - 3%). Most of the Pseudomonas sp. strains isolated from groundwater sources exhibited resistance to one antibiotic (83%), multidrug-resistance (MDR) (at least two different classes) was found in 26% of the strains. The constitutive resistance of some species to different β -lactams, i.e. *Pseudomonas sp.* to TIC could explain the obtained high level resistance to β -lactam antibiotics.

The resistance level of the isolated strains to commonly used antibiotics, associated with a high level of bacterial contamination in most of the analysed groundwater sources, indicates a major health risk of waterborne diseases to the local community. In the studied area, it was observed that the level of antibiotic resistance decreased with increasing depth of wells (Figure 2). Taking into account that most of local population use the wells with shallow depth (<10 and 30 m) due to accessibility and low well costs, it could be concluded that the residents are exposed to the risk of waterborne diseases. The high level of bacterial contamination and the presence of antibiotic resistance among bacterial isolates obtained from groundwater sources may be linked to a number of practices that encourage the use of drugs in agriculture and with an improper disposal of human and animal wastes. In natural aquatic environments, such antibiotic resistant determinants can be acquired by non-resistant bacteria and may further serve to resistance dissemination between different bacteria, including to opportunistic pathogens. Previous studies have demonstrated the dissemination of four commonly occurring tetracycline resistance genes (*tet M, O, Q, W*) into aquatic environment, from swine lagoons into groundwater [52, 53].

Conclusions

The results of the study revealed that most of the groundwater samples did not meet the parameters of the bacteriological quality, suggesting poor protection of water sources and therefore, pose an important risk to human health. This study also showed the occurrence of antibiotic resistant bacteria in some of the analysed water samples, which further could aggravate the problem of safe drinking water sources in periurban areas. High level of nitrate concentration recorded in most of groundwater samples may be mainly related to pollution, with agriculture and uncontrolled discharges of domestic waste as main sources. Identification of bacteriological and chemical hazards in groundwater sources represents the basic step for elaborating a quantitative health risk assessment of drinking water sources for the population. It is recommended, among others, proper protection of groundwater sources against contamination, including appropriate arrangements of wells (covering, paved perimeter) and improvement of general sanitary condition of the studied area.

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